

Auglaize-Mercer Family YMCA Waves Swim Team

Welcome to the Auglaize-Mercer Family YMCA (AMFY) and the Waves Swim Team. We hope that your family will enjoy its association with the competitive swim team as you seek the development of your child's mind, spirit, and body through competitive aquatics.

We have found that the children who benefit the most from this program are those who receive the proper support from their family. For this reason, we have prepared this handout to provide necessary information and to help you understand your role as a parent of a Waves swimmer. If you have any questions, we hope that you will contact the YMCA staff and/or coaches at your convenience. They will be happy to discuss your questions with you.

YMCA Mission

To put Christian principles into practice through programs that build healthy bodies, mind, and spirit for all.

YMCA Purpose

The Young Men's Christian Association, we regard as being in its essential genius, a worldwide fellowship, united by a common loyalty to Jesus Christ for the purpose of developing a Christian personality and building a Christian society.

YMCA Philosophy for Competitive Sports

The YMCA's involvement in competitive sports is a means of putting Christian principles into practice through programs that promote good health, strong families, leadership, community development, and international understanding.

Values education is an integral part of the YMCA. YMCA sports emphasize broad participation rather than specialization. Appropriately, the Y's motto is "Everyone plays, everyone wins!" More important than winning are the lessons to be learned from competitive sports:

- * Respect for oneself
- * Respect for others
- * Self-discipline
- * Responsibility as a team member
- * Development of leadership
- * Self-confidence
- * Concern for physical fitness
- * Lifetime involvement in sports and wellness

YMCA Philosophy for Competitive Sports

Competitive sports participants learn by example. Coaches, parents, officials, and administrators should strive to be the best possible example and create an environment in which competitors may reach their ultimate potential.

The AMFY competitive sports programs are an integral part of a complex membership association. Team members, parents, coaches, officials, and administrators must abide by all policies set forth by the AMFY for the greater good of the total association membership.

YMCA Facility

Two six-lane 25-yard pools. The North pool is located between Celina and St. Marys, and the South pool is located between Minster and New Bremen.

North Pool Address
7590 State Route 703
Celina, Ohio 45822
(419) 586-9622

South Pool Address
04075 Wuebker Road
Minster, Ohio 45865
(419) 629-9622

YMCA Staff

E. Allen Basket, Executive Director of the YMCA
Heather Wenning, North Y Aquatics Director
Adele Walls, South Y Aquatics Director

YMCA Membership

Includes the use of three gymnasiums/running tracks, exercise and weight rooms, two indoor pools and whirlpools, racquetball courts, a nursery, and a youth lobby. In the lobby you will find a pool table, ping-pong table, speed hockey, and foos ball.

2010-2011 AMFY Waves Swim Team Coaches

Head Coach Dawn Schwieterman 4swmrz@adelphia.net (419) 733 - 3795

Dawn is excited about the upcoming season. She has 22 years of combined experience in the sport as a swimmer and a coach. She has been with the AMFY program 13 years and also has been the Marion Local High School swim coach for 9 years. Dawn will be working with the older swimmers this year.

Assistant Coach Matt May matt.may@celinaschools.org (419) 678 - 0053

Matt May is no stranger to the AMFY program as he has coached with us for the past 12 years. He has 25 years of combined experience in the sport with 11 years of high school experience. He will continue to be the head coach for Celina High School and also serve as AMFY's head coach for the 8 and unders.

Assistant Coach Marscia Fleagle jdflea@bright.net (419) 394 - 2084

Marscia looks forward to serving the AMFY Waves swim team this year working one night a week with the older swimmers and two nights with the 12 and UNDER swimmers. She is especially blessed with the talent of working well with larger groups of children as she has been successfully home-schooling her ten children. She coached the St. Marys Seahawks for 9 years and, currently completed her 2nd year as head coach for the Wapakoneta Waves summer team. She has taught stroke development to all age groups.

Assistant Coach Tammy Slechter htkcad@bright.net (419) 236 - 1242

Tammy is very excited to be coaching at AMFY this year and wants to get to know each and every swimmer. She served at the head coach for the Wapak Wahoos for 3 years and as an assistant coach with Marscia for the Wapak Waves summer swim program. Currently, Tammy home-schools her 4 daughters and 1 step-son and owns her own photography business. She is looking forward to a very successful season and helping each swimmer reach his/her goals! 'Good Luck'

Coaches' Assistants:

Kim Menchhofer

Jill Hull

Jeff Fleagle

Julie Pleiman

Rachel Kimmel

Candice Schwieterman

Standards of Excellence for Coaches

The AMFY Waves coaching staff will work with each swimmer to help develop the whole person: body, mind, and spirit. Each swimmer is important to the team. The best and the least on the team are of equal importance and should be given equal attention and help. This is more significant than the sport. The person is the focus; the sport is the tool for developing the person.

Coaching Responsibilities

The coaches' job is to supervise the competitive swim program. The AMFY Waves coaching staff is dedicated to providing a program for youth that will enable them to learn the value of striving to improve oneself. Therefore, the coaches must be in charge of all matters affecting training and competition.

1. The coaches are responsible for placing youth in practice groups. This is based on the age and ability level of each individual. When it is in the best interest of a swimmer, he/she will be placed in a more challenging training group by the coach.
2. Sole responsibility for stroke instruction and the training regimen rests with the coaching staff. Each group's practices are based on sound scientific principles and are geared to the specific goals of that group.
3. The coaching staff will make the final decision concerning which events each swimmer will swim. Parents are welcome to ask questions about what their child will be swimming or why they are swimming a particular event.
4. At meets, the coaching staff will conduct and supervise warm-up procedures for the team. After each race, if time permits, the coaches will provide constructive criticism regarding the swimmer's performance. (It is the parent's job to offer love and understanding regardless of their child's performance.)
5. The building of a relay team is the sole responsibility of the coaching staff.

The coaching staff is constantly updating and improving the AMFY Waves Swim Team program. It is the swimmers' and parents' responsibility to make the most of the excellent opportunity this program provides for success in swimming.