

Sidney-Shelby Co. YMCA Presents the 35th Annual Pentathlon November 13, 2010

LOCATION: Sidney-Shelby Co. YMCA
300 E. Parkwood St.
Sidney, OH. 45365
937-492-9134

SCHEDULE:
6:00 am. YMCA Opens
6:30 am. Warm-Ups
8:00 am. Meet Starts
4:00 pm. Approximate finish with 300 entries

FACILITY: The Sidney YMCA pool is 25 yards, six (6) lanes divided by Kiefer, non turbulent lane markers, Colorado Electronic timing equipment, horn start, touch pads and back up pads and back up push buttons. Spectator seating is available in the lobby, pool areas and Y-Knot Center.

ENTRIES: Entries must be received by **Friday November 5, 2010 - NO EXCEPTIONS.** The meet is expected to fill up quickly, please submit your entries as early as possible.

Each swimmer will enter all five (5) events. A swimmer may scratch an event and take zero (0) score for that event in the overall tabulation. All events will be timed finals. **Enter time in yards.**

Entries will be limited to the first 300 swimmers. Updates will be accepted from accepted teams through Monday November 8, 2010. Please email your updated HYTEK entry file to chad.mcclain@hotmail.com.

ENTRY CHAIRPERSON:
Chad McClain
2170 Westminster Dr.
Sidney, OH. 45365
937-658-0320
chad.mcclain@hotmail.com

ENTRY FEES:

Individual Events	\$3.50
Swimmer Surcharge	\$0.50

The swimmer surcharge fee will allow Heat Sheets to be provided electronically to all teams after entries are closed. Heat Sheets will also be provided at the meet at a cost of \$1.

Heat Sheets will be delivered to the email accounts for which each team's entries are submitted. A copy of the heat sheet will also be posted on the League website.

All entry fees or a copy of check request must accompany entries. Please make check payable the "**Sidney-Shelby Co. Y Stingrays.**" All fees must be paid before the start of the meet. Teams will not be permitted to compete until all fees are paid in full.

Mail all forms and a check to the entry chair.

DECK ENTRIES: Deck entries will be allowed only if space is available in the event, or as the result of a scratch. No heats will be added once entries are closed.

RULES: Age on December 1, 2010 will determine eligibility for age group divisions. The 2010 USA Swimming Technical Rules will govern this meet, except for those stated in this document or outlined in the Southwest Ohio YMCA Swimming League.

All events are Timed Finals Events.

The Meet Director reserves the right to combine heats as the opportunity arises. Breaks between events will ensure that swimmers have at least 15 minutes between swims. Coaches may check with the Referee or Starter for the schedule of breaks.

Shaving is not permitted in the facility. Coolers are not permitted in the facility. There will be a concession stand open in the lobby. Food and drinks are not permitted on the pool deck.

ELIGIBILITY: A swimmer must be a member of the YMCA they represent for a minimum of 30 days prior to the start of the meet.

AWARDS: Olympic style medals to top three (3) overall, in each age group. First, second and third place individual medal in each event with dual ribbons for fourth, fifth and sixth places. Places 7 through 12 will be awarded with single Pentathlon ribbons. Heat ribbons for all twelve and under swimmers.

An award ceremony will follow the meet approximately 15 minutes upon conclusion of the last event. The top three places overall, for each age group, will be honored in this ceremony. **Please tell your team about this event.**

SCORING: Scoring by event is 7-5-4-3-2-1

FINAL RESULTS: Results will be posted on the SWOYSL web page www.swyswim.org. A complete MM Meet Backup and TM Results file will also be posted.

TEAM AREAS: Each team is responsible for monitoring their team areas. Meet officials will monitor the pool deck and team area.

CLERK OF COURSE: It is the coach's responsibility to scratch swimmers prior to the start of the meet. Clerk of Course will be located in the racquetball court for swimmers 10 & Under. Swimmers are asked to stay in the gymnasium between events. **Each team is asked to provide parental supervision for their swimmers.**

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Order of Events

Girls			Boys
1	8 & Under	100 Individual Medley	2
3	9 – 10	100 Individual Medley	4
5	11 – 12	100 Individual Medley	6
7	13 – 14	200 Individual Medley	8
9	15 – 18	200 Individual Medley	10
11	8 & Under	25 Freestyle	12
13	9 – 10	50 Freestyle	14
15	11 – 12	50 Freestyle	16
17	13 – 14	100 Freestyle	18
19	15 – 18	100 Freestyle	20
21	8 & Under	25 Butterfly	22
23	9 – 10	50 Butterfly	24
25	11 – 12	50 Butterfly	26
27	13 – 14	100 Butterfly	28
29	15 – 18	100 Butterfly	30
31	8 & Under	25 Backstroke	32
33	9 – 10	50 Backstroke	34
35	11 – 12	50 Backstroke	36
37	13 – 14	100 Backstroke	38
39	15 – 18	100 Backstroke	40
41	8 & Under	25 Breaststroke	42
43	9 – 10	50 Breaststroke	44
45	11 – 12	50 Breaststroke	46
47	13 – 14	100 Breaststroke	48
49	15 – 18	100 Breaststroke	50